



Role Description

Title:	Volunteer Counsellor
Accountable to:	Director of Pregnancy Matters Online
Location:	Homebased
Contract Type:	Voluntary
Commitment:	Cover at least one 3hr rota slot on our National Helpline per week and agree to be part of an extended cover team when necessary or cover one day's cover on Email and Text to Talk service (this can be two half days) consider covering weekend service on a rota basis.

Could you help us support clients?

In this role, you will volunteer alongside a comprehensive team of volunteers and staff to offer a counselling service to clients who are facing pregnancy and/or pregnancy loss to offer support, advice and guidance where required.

The support offered is non directional and will be given in line with British Association of Counsellors and Psychotherapist. (BACP) Code of Ethics and Life guidelines.

Typical Tasks:

- To support up to 3 ongoing clients as necessary.
- To adhere to monthly supervision needs as required by British Association of Counsellors and Psychotherapist. (BACP). Life will contribute to supervision costs but do not cover full costs
- Present monthly continued professional development
- Attend volunteer meetings as arranged via Teams
- Attend yearly annual continued professional development conference (face to face venue)
- Work wholly within Life's Term of Service.
- Complete all necessary compliance training for meet the needs of the role
- Act as an ambassador for Life
- Ensure all Safeguarding, Health & Safety and Confidentiality policies and procedures are adhered to

What skills do I need:

Experience of client work is necessary. You must hold a Degree or Diploma (3 or above) in counselling or psychotherapy.

Specialised training for the Pregnancy Matters™ Online service will be provided

Ideally you will:

- Be friendly and helpful
- Have good communication, listening and interpersonal skills.
- Have good organisational & IT skills.
- Be passionate and enthusiastic.
- Ability to work independently and use your initiative

If you don't feel you tick every box but are sure this role is the one for you, please drop us a message and tell us why. We're open to suggestions and happy to chat with you to find out what's possible!

Benefits of Volunteering:

- A chance to work in a friendly team.
- The feel good factor of helping Life meet its charitable aims
- Develop your confidence and interpersonal skills.
- Gain valuable experience and add to your CV.
- Learning new skills.
- Flexibility to fit in with your lifestyle around your other ongoing commitments.
- Reasonable travel expenses will be reimbursed.

Training & Support:

- Provide induction, information and training to enable you to carry out your role effectively.
- Support your personal development by offering appropriate induction, training and feedback opportunities.
- Provide policies, procedures and standards of the organisation in relation to Volunteering.
- Provide regular organisational communication and updates.

What we need from you:

Criminal Disclosure check necessary? Yes

We are working hard to make sure anyone who wants to can volunteer for Life, but at the moment we have a minimum age of 21 for this particular role.

Not sure this is the role for you?

Pop over to www.lifecharity.org.uk/volunteer and find out what else we have available.